**Suppl 1.** Search Terms on PubMed for the Literature Review

(("venous malformation"[Title/Abstract] OR "muscular hemangioma"[Title/Abstract] OR "intramuscular hemangioma"[Title/Abstract] OR "intramuscular hemangiomas"[Title/Abstract] OR "intramuscular angioma"[Title/Abstract] OR "intramuscular angiomas"[Title/Abstract] OR "paraspinal hemangioma"[Title/Abstract] OR "paraspinal angioma"[Title/Abstract] OR "erector spinae hemangioma"[Title/Abstract] OR "erector spinae angioma"[Title/Abstract] OR "intramuscular capillary-type hemangioma"[Title/Abstract] OR "intramuscular capillary-type hemangiomas"[Title/Abstract] OR "intramuscular fast-flow vascular anomaly"[Title/Abstract] OR "intramuscular fast-flow vascular anomalies"[Title/Abstract]) AND ("lumbar"[Title/Abstract] OR "paraspinal"[Title/Abstract] OR "erector spinae"[Title/Abstract] OR "multifidus"[Title/Abstract] OR "quadratus lumborum"[Title/Abstract] OR "lower back"[Title/Abstract] OR "lumbar region"[Title/Abstract] OR "lumbar area"[Title/Abstract] OR "back muscles"[Title/Abstract] OR "spinal musculature"[Title/Abstract] OR "paraspinal muscles"[Title/Abstract] OR "dorsal lumbar"[Title/Abstract] OR "lumbar musculature"[Title/Abstract] OR "lumbosacral region"[Title/Abstract] OR "posterior lumbar"[Title/Abstract] OR "posterior spine"[Title/Abstract] OR "lower spine"[Title/Abstract] OR "back musculature"[Title/Abstract] OR "spinal muscles"[Title/Abstract])) NOT ("osseous hemangioma"[Title/Abstract] OR "intraosseous hemangioma"[Title/Abstract] )